

How to Properly Dispose of Unwanted Medication



Are you throwing your unused medications in the toilet or down the sink?

If yes, STOP!

This causes water pollution, impacts drinking water and has adverse effects on septic systems, fish and aquatic life.

How to Throw Medications Away in the Trash

1. Keep the medication in its original container. Cross out patient's name or remove label

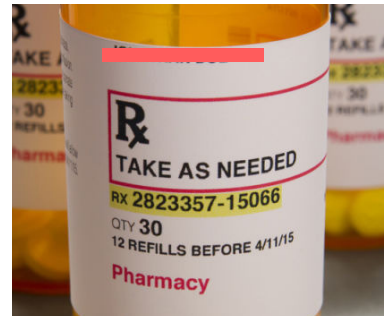
2. Modify the medications to discourage consumption

- For liquid medications: add salt, kitty litter, or spices to make a pungent mixture that discourages people from consuming
- For pills or capsules: add a small amount of water to partially dissolve them
- For blister packs: Wrap pack in multiple layers of duct tape

3. Seal and conceal

- Tape container lid shut with packing tape or duct tape
- Place inside a non-transparent bag or container so it cannot be seen
- Do not conceal medications in food products as animals could consume them

4. Discard the container in your trash can - DO NOT put in the recycling bin!



Other Ways to Dispose of Medications:

1. Find out if the local police department has a locked drug drop box
2. See if your pharmacy has a low-cost disposal envelope to send away
3. Bring them to a local one-day collection site

NOTE: Certain chemotherapy medications may require special handling, so check with your healthcare provider or pharmacist